

# Saving FACE

BAZAAR road-tests the latest facial rejuvenators to promise minimal downtime and dramatic results. Do they deliver? Read on ...



	<i>DYSPORT</i>	<i>DANNÉ MONTAGUE-KING RP</i> (Remodelling Procedures)	<i>FRAXEL RE:STORE DUAL</i>	<i>RESTITYLANE VITAL LIGHT</i>	<i>ULTHERAPY</i>
<i>THE CLAIM</i>	Dysport, the "other" Botox, is made from the same botulinum protein and is injected into the muscles to block the nerve impulses so wrinkles soften or disappear. Results are quick and can last up to four months (many patients report slightly longer-lasting results than with Botox), and exponents promise an extended effect with repeated treatments over time.	The RP system works on stimulating collagen, cell proliferation and the body's healing process. The formula, which contains retinoids, AHAs and beta-glucans (a cell growth and repair stimulant), as well as multiple vitamins and minerals, sinks into the skin, removing the build-up of dead, redundant cell material. The skin remodels itself for up to six months, resulting in a tighter, smoother surface.	This new addition to the Fraxel range is a non-invasive, fractionated laser that penetrates the skin to speed up collagen formation. Contrary to CO <sup>2</sup> lasers, Re:store Dual contains a new wavelength that works to improve pigmentation and severe imperfections, with a downtime of a week to 10 days rather than the standard four to eight weeks. Expect improvements in tone and texture and reduced pore size.	Vital Light is a new edition to the Restylane family, created for use on delicate areas such as the hands, face, neck and décolletage. The procedure consists of multiple tiny injections of hyaluronic acid, which aim to restore deep dermal hydration. The emphasis is on rejuvenating the skin from within, as opposed to "filling" specific lines.	Ultherapy is hailed as the non-surgical procedure closest to a facelift and the first to deliver a tightening effect to drooping facial contours using ultrasound technology. The layer of connective tissue between the skin's surface and the muscles is treated with ultrasound energy, stimulating the body's healing process for a "lifted" look. Downtime? Nil. Expect results 30-90 days later.
<i>OUR TESTERS' VERDICTS</i>	"Initially, Dysport was explained to me as the 'European Botox', and, being a seasoned Botox user, naturally I wanted to give it a try. Although the area was numbed before the procedure, I still found the injections quite painful, but only on par with my Botox experiences. After a week the results were fantastic and I was very happy — so much so that I didn't return for a check-up."	"My treatment required 10 days of prep with DMK products and five days of recovery. The procedure itself was pain-free and easy: the peel is applied and left on overnight. Expect your face to be unbelievably itchy and peel over the next four days. After returning twice for "lift-offs", two weeks later my skin felt incredible: plumper, fresher and my pigmentation and acne scars were reduced phenomenally."	"One hour of local anaesthetic, 20 minutes of zapping, an evening of suffering akin to your worst ever case of sunburn and a week of flaking. My advice: plan for days three and four to fall on a weekend and cancel any hot dates for the week after. Three weeks later, I was getting comments on the radiance and clarity of my skin. Pigmentation? Gone. Pore size? Minute. No facial could come anywhere close to this."	"I was told that Restylane Vital Light is ideal for weathered, dry older skin that needs hydrating, and it's supposedly perfect for use around the cheeks and mouth area, décolletage and hands. I opted for the hands. After two moderately pain-free injection sessions, my hands do look noticeably smoother, plumper and younger. I would definitely recommend it."	"The procedure was short, but very painful, despite two Panadol and the laughing gas sucked throughout. But — the big selling point — it's all over in 40 minutes and as soon as treatment stops, the pain goes. There's no downtime or residual pain, and the tough could go straight back to work. I was told the full effects might not appear for up to 90 days. One month later, I am noticing some changes, but the jury is still out."
<i>COST</i>	Dysport, from \$250 per session, Dr Peter Bakaric MB.BS, Collagen Face Centre, (02) 9389 2099.	DMK RP Revision Treatment, from \$1250, 1300 007 546.	Fraxel Re:store Dual, from \$750 per session, Ageless Clinics, 1300 372 935.	Restylane Vital Light, from \$300, Q-Med, 1800 144 944.	Ultherapy, from \$1000, Silkwood Medical, (02) 9387 3900.

For more information on skin treatments visit [www.freshappearance.com.au](http://www.freshappearance.com.au).

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