



PROFRACTIONAL LASER

CAROLIN ALLISON, 59, PROPERTY CONSULTANT/INTERIOR DESIGNER

TYPICAL CONCERNS IN YOUR 50S:

Menopause can lead to skin sagging and becoming more fragile.

PROBLEM: A stressful job led to Carolin's skin being dry, lined and in poor condition.

THE GOAL: "To refresh my skin and get my old self back."

THE EXPERT: Marilyn Cassetta is an Aesthetic Nurse Specialist at Silkwood Medical, a clinic in Bondi Junction, NSW.

THE SOLUTION: "We used the ProFractional Laser to get rid of sun damage and to soften and freshen skin tone," says Marilyn.

COST: \$1600.

ADDITIONALLY: Radiesse was injected into her cheeks, nose-to-mouth folds and mouth-to-chin folds (\$2400). Botox was injected into her frown, top lip and corners of the mouth (\$800). Esthéelis was injected into lines around her lips, cheeks, forehead and crow's-feet (\$650). Her lips were defined with Juvéderm (\$700).

CAROLIN'S REACTION: "It took four to five days for my skin to settle down."

HAIR REHAB: Julianne McGuigan, of Sable Hair salon in Darlinghurst, NSW, added more light and shade, and ensured the haircut was layered and feminine.

THE VERDICT: "My skin looks refreshed and people say I look much younger."



BEFORE



AFTER

CUTERA PEARL FRACTIONAL LASER RESURFACING

SUZANNE HOBSON, 66, PERSONAL ASSISTANT

TYPICAL CONCERNS IN YOUR 60S:

Lines begin to deepen and your skin may have folds and furrows, bone loss can lead to the lower portion of the face drooping, eyelids sag and teeth can be discoloured.

PROBLEM: "My face is showing signs of sun damage, with pigmentation, jowly skin around the neck and jawline," says Suzanne.

THE GOAL: "I'd love to get back a fresher look."

THE EXPERTS: Dr Gabrielle Caswell is a cosmetic physician at Eyra Medical and Skin Clinic in Moree, Tamworth and Armidale, NSW. Dr Andy Kumar is an expert at Pitt St Dental, Sydney, NSW.

THE SOLUTION: After Suzanne's skin was prepared with medical-grade skincare



BEFORE

and vitamin supplements, the Cutera Pearl Fractional laser resurfaced the wrinkly facial skin and upper eyelids.

COST: From \$2000.

IN ADDITION: Suzanne's cheeks were reconstructed with Juvéderm Ultra Plus Lidocaine, lifting her jowls and filling out her lips, marionette lines and naso-labial folds. Botox



AFTER

lifted her eyebrows and neck.

COST: From \$1500.

Dr Kumar whitened Suzanne's teeth with the Zoom 3! Advanced Power Whitening System. "The teeth whitening treatment has instantly taken 10 years off Suzanne's age - it's a facelift in itself," he says.

COST: From \$745, with a free take-home kit.

SUZANNE'S REACTION:

"While the resurfacing didn't hurt, it was uncomfortable afterwards. I looked like a zombie, as I was covered in gel. It took about five days for the skin to recover, so you need to be prepared to take a week off work. The teeth whitening treatment was easy."

HAIR REHAB: George Giavis of The Blonde Room in Woollahra, NSW, gave Suzanne's fine hair a contemporary lift. "I used a gloss for shine and then used cream and biscuit-foil highlights." George then gave Suzanne a square, transient cut with light layers.

THE VERDICT: "I had nothing to lose except my wrinkles - and that's exactly what happened!" says Suzanne. "People say I look like I'm in my 50s, which is wonderful."

CASE STUDIES: PHOTOGRAPHY BY JAMES CANT; ACP SYNDICATION; CAROLIN WEARS EQUIP EARRINGS. ALL PRICES ARE APPROXIMATE.