



**SILKWOOD**  
M E D I C A L

**focused beauty solutions  
for the individual**

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**Dr Warwick Nettle**

### GREETINGS FROM DR NETTLE

Silkwood Medical is thrilled to welcome a new member of our team who we will introduce to you in this issue – Natalie Todd R.N. B.N. is the newest member of our surgical care team.

We are also very pleased with the continued success of a relative new technology in non-invasive anti-ageing facial rejuvenation: Ultherapy®. This skin lifting ultrasound technology was launched in 2009 and Silkwood Medical was asked to undertake the pre-market assessment where the system performed to our expectation.

Over 1,000 patients had been treated and reviewed worldwide prior to it's launch in Australia, yielding an excellent safety profile and significant, predictable and reproducible results. Results can be seen immediately with just one in-office treatment, but are also incremental, with continued improvement over the 90+ days following treatment.

**We look forward to hearing from you when you require advice or treatment for your surgical and non-surgical rejuvenation needs.**

**Best wishes,  
Dr Warwick Nettle**



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## LATEST IN NON-SURGICAL REJUVENATION

In the past facial rejuvenation has focused on wrinkles: smoothing them out with muscle relaxing injections, filling them in with dermal fillers. But the bigger picture is really the facial contours, and the sagging and folds that can look a lot more ageing than a few expression lines.

Facial re-volumising with dedicated injectable products can restore the smooth outlines and firm texture of youthful skin, and iron out deep creases and furrows.

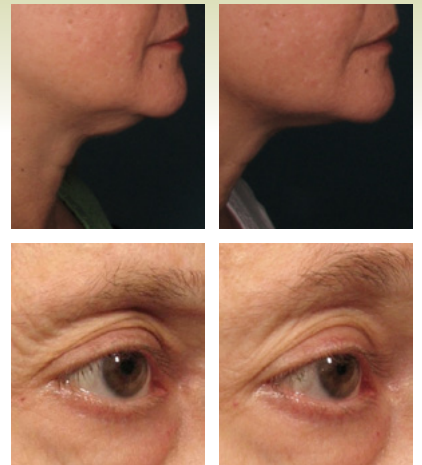
At Silkwood Medical we offer a range of injectables, from silky textured gels to connective tissue builders, to collagen stimulating pastes, as well as dermal stimulation treatment where you activate the product's effects yourself through facial massage.

Ask our professional staff about which facial re-volumising treatment for non-surgical rejuvenation is right for you.

## ULTHERAPY VS THERMAGE

**Skin laxity is often the culprit when it comes to looking older. As we age the collagen support in the skin diminishes, causing the skin tissue to droop and altering the facial contours.**

Ultherapy is a medically derived treatment based on ultrasound. It was originally used for tumour ablation in liver cancer patients when the side effect of tissue tightening was noted. Using the same technology, Ultherapy precisely targets the SMAS muscle layer up to 8mm below the skin's surface to deliver measured sound waves that stimulate the body's natural collagen producing response.



Ultherapy jowls and eyes: before and after.

It can be used to correct drooping brows, flattening of the cheeks, nasolabial folds, marionette lines and loss of contour of the jaw line and neck. The results are incremental, gradually improving the firmness and tonicity of the treated area for three months after therapy.

Ultherapy is the only FDA approved device for tightening and lifting of the muscles and skin of the face and neck. It should not be confused with Thermage, which uses radiofrequency to heat the tissue in the dermis and subcutaneous fat levels of the skin, not the SMAS layer. Ultherapy energy goes deeper than any other energy device, 4.5mm for the SMAS, and 3.5mm for the deep skin collagen production.

A survey conducted on the independent RealSelf website shows that 92 per cent of Ultherapy patients felt their treatment was worth it, compared to only 40 per cent for Thermage.



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## NEW TO SILKWOOD



**Natalie Todd R.N. B.N.**

**Natalie Todd is the latest addition to the team of skilled medical professionals here at Silkwood.**

Natalie is a Registered Nurse with a Bachelor of Nursing degree from the University of Sydney. She has also undertaken postgraduate qualifications in paediatric nursing. She has always had a passion for health and beauty and brings to Silkwood advanced skills in caring for peri-operative patients and anaesthetic nursing, developed at the Prince of Wales Hospital Randwick where she first gained exposure to plastic surgery.

Natalie joined the team at Silkwood Medical at the beginning of 2011, with a view to building on her experience in peri-operative nursing. Working closely with the surgical team, her goal is to provide a high level of individualised patient care before and after surgery.

## WINTER SKIN

**Cold weather and air conditioning can wreak havoc on your complexion. Here are three winter skin makeover treatments from the comprehensive Silkwood Medical menu to keep you looking your best.**

Treat yourself to an antioxidant medifacial to nourish, repair and protect your skin, increase cell turnover and stimulate collagen production. In addition to reducing free radicals your skin will look soothed, dewy and glowing.

Or you could have a revitalising microdermabrasion treatment, where dead, dull-looking skin cells are polished away with a magical diamond-tipped wand to reveal the smoother, fresher skin beneath. The treatment assists in softening expression lines, evening out uneven tone and pigmentation, and improves acne and scarring.

For a treatment that targets the blotchiness or discolouration that always becomes more apparent in colder weather, the elos FotoFacial IPL Procedure used intense pulsed light to stimulate optimum skin functionality while gently reducing pigmentation or redness.

The results of all these therapies are improved with repetition of two or more treatments. Silkwood backs them up with active ingredient cosmeceutical skincare used during the treatments and available as take-home products as well. And don't forget to take your Vitamin C!

