

ULTIMATE GUIDE FOR THE BRIDE

COSMETIC SURGERY

Many people have concerns about some aspect of their appearance and use a wedding as an opportunity to address them.



Dr Warwick Nettle

Dr Warwick Nettle considers the bride-to-be and the mother of the bride and groom his favourite types of patient.

Dr Nettle, cosmetic plastic surgeon and director of Silkwood Medical in Sydney's Bondi Junction, has found a steady rise in the number of patients who are brides-to-be over the last few years. He has noticed a similar increase in patients who are the mother of the bride or groom.

When asked to explain this phenomenon, Dr Nettle says that a wedding is increasingly seen as the most positive of events and all those involved want it to be as perfect as possible, and that definitely encompasses the matter of appearance.

Brides-to-be and their mothers are very positive, motivated and they know exactly what they want and when they want to have it done. Because of these factors they also tend to recover quickly, and are usually well supported by family. Dr Nettle also likes the fact that often the fiancé

accompanies his bride-to-be for every clinic visit, so he can support her through the whole process. This proves to be very bonding for them as a couple.

Dr Nettle often gets the bride-to-be and her mother coming in at the same time enquiring about surgery. Usually one goes first and the next month the other has her surgery. This way they are able to help one another in the recovery process.

The most common cosmetic surgery procedures for brides-to-be are eyelid surgery, nose jobs and breast augmentation. Mothers of brides usually have facelifts, neck-lifts, eyelid surgery and abdominoplasty.

It is very rare, says Dr Nettle, for a groom or his father to come in wanting pre-wedding surgery.

Dr Nettle is very strict about timing: if someone wants surgery too close to the big day he will not do it, so suggests that if brides-to-be and their mothers are going down the surgical route then they start planning early.

Timeline for surgery

- For eyelids or facelifts, three months prior to the wedding
- For nose jobs, three to six months before the ceremony, depending on the severity of the changes
- For breast augmentation, two to three months prior to the event

For further information contact
Silkwood Medical, Level 4, 75 Grafton Street, Bondi Junction NSW
Tel: (02) 9387 3900