

BEAUTYED'S FAVE

By now you would have heard about M.A.C.'s collaboration with Dame Edna (check out our interview on page 72). Love her or loathe her, you have to chuckle at the product names, which include 'Coral Polyp' and 'Varicose Violet'. This lilac compact – a nod to Edna's purple mop – gives cheeks a gorgeous glow. A true collector's item, possums!



Tessa X

Got a beauty question for Tessa? Go to okmagazine.com.au & click on 'Lifestyle'



Compact \$65 M.A.C.

LOVE THIS LOOK



Helena Christensen is clearly a devotee of the fringe rules



Coffé Ceramics Hot Tube Brush \$16.95 BRUSHWORX

◀ **HELENA CHRISTENSEN**

A heavy fringe like Helena Christensen's is an instant style updater without the commitment of a full-on chop. But you need to abide by the golden fringe rules, says Hamish Gilanos from Sydney's Mahogany Hairdressing: **1 Thou shalt consider thy fringe suitability.** Hamish advises taking into account the length of your forehead, stubborn cowlicks and the density of your hair. 'Hair that is too thick requires too much maintenance,' he explains, 'and hair that is too fine would better suit a deeper, side-swept fringe than a straight across fringe.' **2 Thou shalt control it.** Getting a fringe to sit right requires skill. 'Blow-dry the fringe first by using a round brush and sweeping the hair across the forehead until it's about 80 per cent dry,' Hamish says. 'Then force the heat of the dryer directly behind the brush (aiming down to the floor) and sweep the fringe side to side. This prevents hair parting in any particular direction.' **3 Thou shalt keep it minimal.** 'Don't over-product a fringe,' instructs Hamish, 'because the hair is more prone to becoming oily. A good brush (left) and straightener is all you need.'

in the news...

beauty notes

SHOW-STOPPING TRENDS, STAR BUYS AND STANDOUT LOOKS

Tip!
After your next gym session, finish off with a little mop maintenance. Smooth a treatment mask through your hair and hit the steam room for 10 minutes. The heat will help your hair absorb the nutrients – easy and cheap!

◀ **MAD FOR 'MAN JABS'**

Seems the men are catching up with the women in the nip-and-tuck stakes – and not just in Hollywood either. A recent *Men's Health* survey in the UK revealed 40 per cent of men would consider having cosmetic work done, while leading Australian surgeon Dr Warwick Nettle of Silkwood Medical (www.silkwoodmedical.com.au) says we're seeing a 'significant growth in the surgical and non-surgical male market' here too. 'The rise of the well-groomed male or "metrosexual", like David Beckham and Hugh Jackman, has seen an increasing number of men looking at options to help them look the best they can,' says Dr Nettle. So what's on offer? The most popular 'man jabs' include dermal fillers, chemical peels and Dysport (man-Botox) for the skin, lipolysis for body fat – particularly the dreaded man-boobs – and Botox under the arms to stop that wet-patch look. What would your dad say...



Boles want 'man jabs' to look like David Beckham? Maybe Mickey Rourke (right) can act as a cautionary tale...



Elvive Re-Nutrition Deep Nourishing Masque \$10.95 L'ORÉAL PARIS

Pssst... Ga-ga for gadgets? You'll love MagicGlow, an at-home handheld laser device that reduces wrinkles and rejuvenates the skin. Check it out at www.laserportable.com

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